

20FT GYM CONTAINER



SYNERGY
INNOVATIVE DIVING EQUIPMENT TRADING LLC

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The 20ft Gym Container Solution was developed to provide a fully functional fitness facility for remote and offshore work sites where access to traditional gyms is not available. Built using a modified ISO shipping container, this unit ensures workforce health, fitness, and well-being in challenging environments.

Designed for mobility and durability, the gym container can be deployed quickly to construction sites, oil & gas fields, marine projects, and remote industrial locations.

It provides workers with a dedicated space for physical training and stress relief during long project durations.

KEY FEATURES:

- Reinforced flooring system designed for heavy gym equipment
- Complete gym equipment setup including dumbbells
- Weight training accessories including discs, bars, and rods
- Treadmill and cycling machines for cardio training
- Ventilation and air circulation system for workout comfort
- LED lighting for clear visibility during training sessions
- Thermal insulation for internal temperature control
- Space-optimized layout for multiple workout zones
- Electrical power outlets for fitness machines

Synergy designed and manufactured a fully equipped Gym Container to provide a complete fitness facility for offshore, marine, and remote workforce environments. The unit integrates strength training and cardio equipment within a compact, mobile container structure.

The gym includes reinforced flooring to support heavy equipment, optimized interior layout for workout zones, ventilation systems, and climate control to ensure a comfortable training environment in all conditions.

All equipment is securely installed, including dumbbells, weight discs, bars, treadmill, and cycling machines, ensuring safe and stable operation during use in challenging environments.

THE CHALLENGE:

Remote project locations often lack proper fitness facilities, which can impact workforce health, productivity, and morale.

The challenge was to design a compact yet fully functional gym space that could withstand harsh environmental conditions while remaining mobile and easy to deploy.

The solution needed to accommodate essential workout equipment, ventilation, lighting, and safety requirements within a limited 20ft container footprint.

THE RESULT:

The completed Gym Container provides a safe, durable, and fully functional fitness environment for workers in remote and offshore locations.





It significantly improves workforce health, morale, and productivity by enabling regular physical training on-site.

This portable solution ensures that fitness facilities can be deployed anywhere, regardless of infrastructure limitations.



Explore our custom gym container solutions for offshore and industrial applications.



Call Us

  0044 795 196 6260
  00971 50 564 8178

Email Us

 ram@synergiequipment.com
 info@synergiequipment.com

Visit Us

 Al Qusais Industrial Area 1, Dubai.
 www.synergiequipment.com

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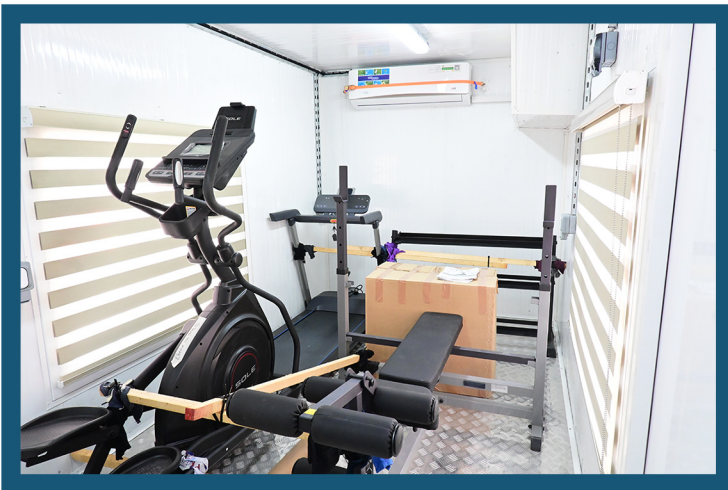


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Visit Us

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